

*Are you concerned about your travel footprint?
Do you want to become a more responsible traveler?*

We have created this travel checklist for you to use when planning your next holiday.

1. Plan ahead and do your research

- Choose companies that have a commitment to responsible travel and who are dedicated to minimizing the footprint of their operations.
- Consider traveling during shoulder seasons, or to less popular areas
- Fly direct, take-off and landing are the most fuel intensive portions of flights
- Plan staycations, seek out activities and new experiences within 200km of your home

2. Be prepared

- Pack reusable water bottles or personal water filter and reusable shopping bags
- Bring toiletries in reusable bottles
- Pack light, the heavier your luggage the more fuel will be used either on a plane or in your vehicle resulting in more greenhouse gases being emitted

3. Sustainable travel suggestions

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| <input type="checkbox"/> Recycle whenever possible | <input type="checkbox"/> Walk, bike, or use public transportation |
| <input type="checkbox"/> Shop and eat locally to support the community | <input type="checkbox"/> Take shorter showers - avoid baths |
| <input type="checkbox"/> Purchase locally made souvenirs at a fair price | <input type="checkbox"/> Turn off all lights, heat/AC, and TV when you leave your room. When in use, use at a moderate temperature |
| <input type="checkbox"/> Research wildlife venues to ensure they adhere to reputable animal welfare guidelines | <input type="checkbox"/> Adhere to hotel linen reuse programs |
| <input type="checkbox"/> Visit a local farmer's market and meet the growers of your food, or try a farm-to-table meal | <input type="checkbox"/> Honor local customs, immerse yourself in the local culture and listen intentionally to local community members |
| <input type="checkbox"/> Seek out experiences that are owned by locals | |

4. When you get home

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| <input type="checkbox"/> Share your experiences with friends and family | <input type="checkbox"/> Post reviews for the businesses you visited that are making an effort to be more sustainable |
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